

Kangaroo mother care: practical Guidelines

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Outline of the draft document in preparation on behalf of the Maternal and Newborn Health / Safe Motherhood Unit of the WHO, Geneva.

- 1. Definitions (kangaroo mother care and skin-to-skin contact)*
- 2. Evidence of effectiveness and safety (short)*
- 3. Description of the method*
 - 1. Initial care of all newborn infants*
 - 2. Level of care*
 - 3. Timing*
 - 4. Eligibility*
 - 5. Position*
 - 6. Duration*
 - 7. Feeding*
 - 1. Stimulation of breastfeeding*
 - 2. Formula feeding before breastfeeding is established*
 - 3. Expressed breastmilk*
 - 4. Methods to increase milk production*
 - 5. Relactation*
- 4. Monitoring*
 - 1. Breathing*
 - 2. Feeding and growth*
 - 3. Temperature*
- 5. Discharge*
- 6. Follow-up*
- 7. Ambulatory KMC*
- 8. Acceptability*
- 9. Constraints*
- 10. Requirements*
- 11. Cost*
- 12. Research needs*