

Rapid Evaluation of Community Maternal and Newborn health program in Rwanda in 2012

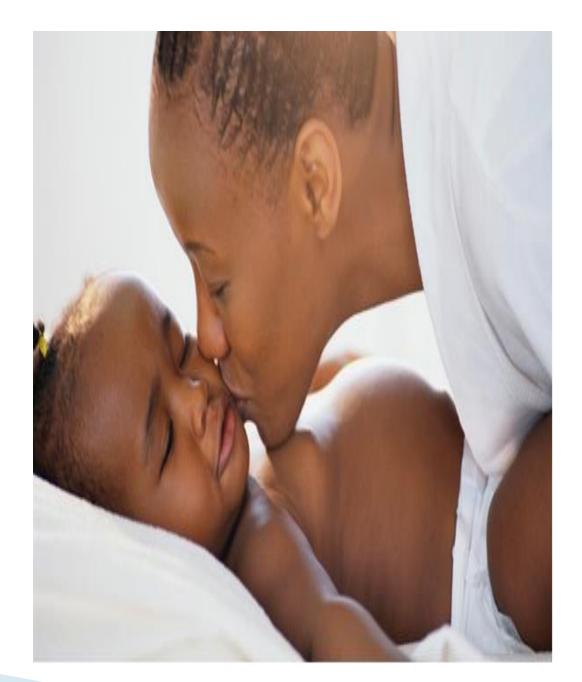
Presented in Xth KMC Conference at LEMIGO HOTEL by Catherine MUGENI

On 18th November, 2014



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Background



 In 2010, Rwanda adopted the community-based management of maternal and newborn (c-MNH) care developed by WHO and UNICEF

This is a holistic approach to maternal and newborn illness aimed at improving health worker skills, strengthening health systems and engaging and improving community and family practices to deal with the main causes of mortality and morbidity in women and newborns.



C-MNH Strategies

- Identify and register women of reproductive age
- Identify pregnant women and encourage ANC
- Birth preparedness and facility deliveries
- Identify women and newborns with danger signs and refer them to health facility for care
- Accompany or refer women in labor to health facilities
- Encourage early postnatal facility checks for both newborns and the mothers
- and use RapidSMS to support Maternal Community Health Workers (ASM) who have been trained and provided with basic supplies and medications.

Objectives

Objectives



Overall Purpose: This evaluation was designed to provide a picture of the quality of services provided by the Community Health Workers in charge of maternal and newborn health (ASM) and their ability to access necessary supplies.

Specific Objectives:

- Assess quality of services rendered by Maternal Community Health worker (ASM)
- Assess the process and quality of supervision by HCs to ASM and DH to HC
- Assess availability of supplies by CHWs/ASM

Methodology



Sampling

 A simple random sample of ASMs was conducted in the 25 districts where C-MNH had been implemented at the time of the evaluation.

•Only those ASMs who had been working for at least three months were included.

•The sampling was done by district with the number selected proportional to the total population of ASMs in the district, such that each ASM had an equal chance of being selected.

-Sample size was determined based on a desired confidence interval of 95% for the overall population estimate.

Interview Setting



- The selected ASM were evaluated with evaluators going to selected health centers.
- ASM were expected to travel to the health center with the patient register, referral forms, counseling card, follow up forms and a list of their supplies with quantity specified.
- Every effort was made to find the randomly selected individuals.
- Replacements were discouraged except in cases of death, sickness and many others that are not avoidable



Cont'

The ASM interview consisted of the following

- Basic demographic information
- Knowledge of Maternal and Newborn
- RapidSMS
- Use of counseling cards
- Completeness of four registers used by community Health workers to record clients
- Availability of supplies at the community level

Focus Group Selection



- 1. When ASMs were selected for interview, health centers were also selected for the evaluation.
 - 2. Eight of the ASMs traveling to the first health center selected in each district were randomly chosen to participate in a focus group discussion.
 - 2. This selection process yielded one focus group discussion composed of approximately 8 ASMs per district.

Focus Group



Participants

- 1. 9 women:
 - 3 pregnant women
 - 3 women who had given birth within the past 3-months, and
 - 3 women ages 15-49 who were not currently pregnant or postnatal
- 2. 8 Supervisors:
 - 7 HC supervisors from each district
 - 1 DH supervisor
- 3. 8 CHWs

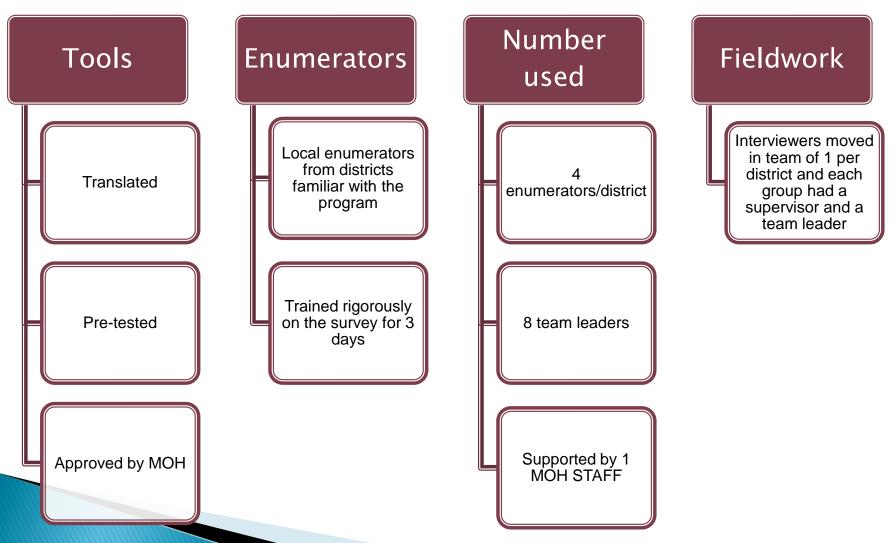




- 1. Basic demographic information
- 2. Discussion of ASM service delivery including knowledge and skills
- 3. Discussion of ASM supervision by health center and district hospital staff
- 4. ASM attitudes and perceptions towards the program including challenges faced and program strengths



Data Collection process





Data Collection Techniques

Focus group discussions



Unstructured questions were asked to the groups

Encouraged participation of all members

Considered homogeneous respondents

Quantitative interviews



Face to face interviews using a questionnaire

Observation



Distribution of responsibilities

- The MOH Staff was responsible for the overall conduct of the study and training of study staff.
- Data managers at each of the study hospital were in charge of consenting the CHW's and enrolling them in the study.
- Data managers at each study hospital were in charge of collecting the data and entering it into a secure database.

Findings

Demographic Characteristics of ASMs





ASM Demographics

Characteristic		N =1770	%
Age	15-24	16	0.90%
	25-29	118	6.67%
	30–39	725	40.9%
	40-49	616	34.8%
	50-54	166	9.38%
	55+	110	6.21%
	Missing	19	0.07%
Education	No Education	7	0.40%
	Primary School	1,518	85.7%
	Middle School	204	11.5%
	High School	33	1.86%
	Higher Education	7	0.40%
	Missing	1	0.06%

ASM Knowledge of Maternal and Newborn Health





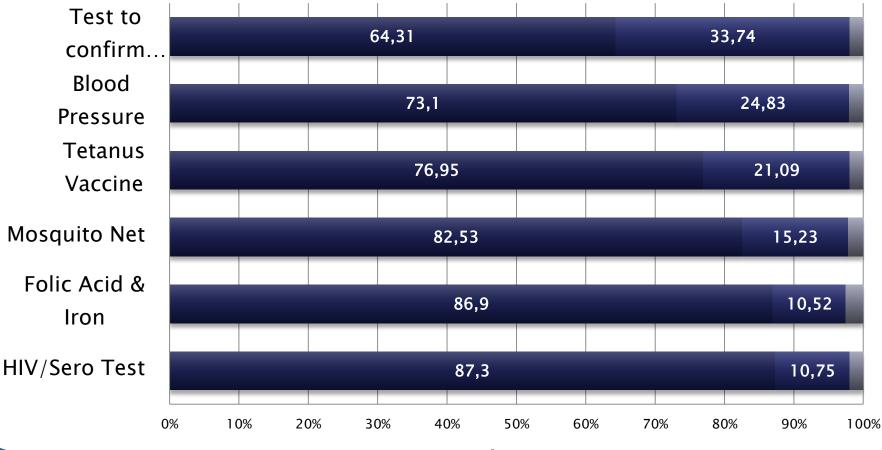
Normal Respiratory Rate & Weight for



Normal Respiratory Rate of Newborns (≤ 60 breaths/min) Definition of Underweight New born (< 2.5 kgs)



Package Offered at HC for Pregnant Woman

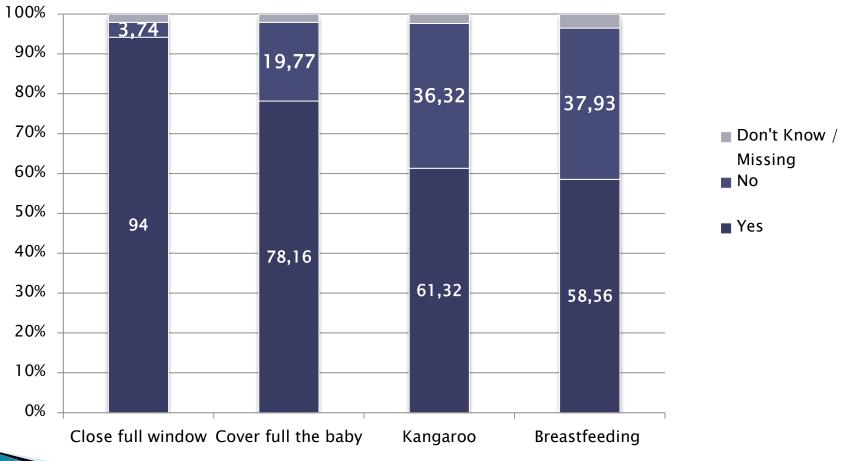


Yes 🔳 No 🔳 Don't Know/Missing



ASM Knowledge on post Delivery care

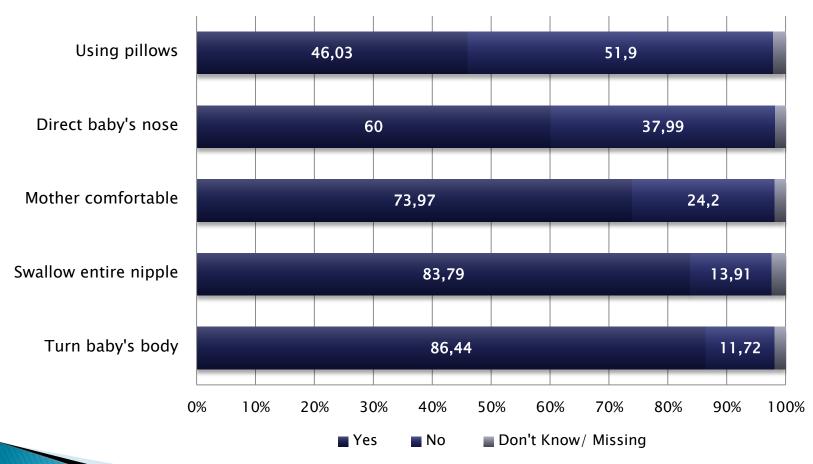
ASM Advice on How to Keep the Baby Warm





ASM Knowledge on post Delivery care

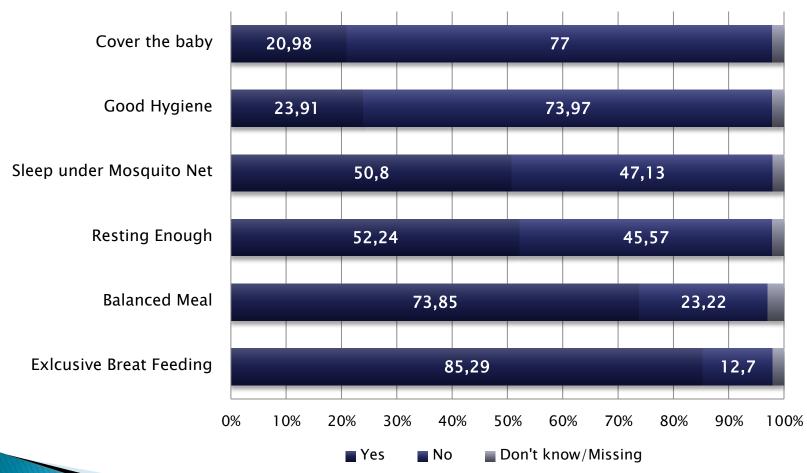
ASM Advice on Breastfeeding Position





ASM Knowledge on post Delivery care

ASM Advice to Mothers just delivered



Maternal and Newborn Health Danger Signs





Maternal and Newborn Health Danger Signs

ASM Knowledgeable of Danger Signs for

Newborn Transfer

		74,14		23,7	9	
5		72,53		25,46	5	
2	72			25,57		
t 💼	6	8,62		29		
	68,1			29,6		
5	67,64			30,46		
	67	7,13		31		
	62,53			35,34		
	55,46			41		
/	50,52			47		
0%	20%	40%	60%	80%	100%	
	Yes	No	Don't Kno	w/Missing	g	

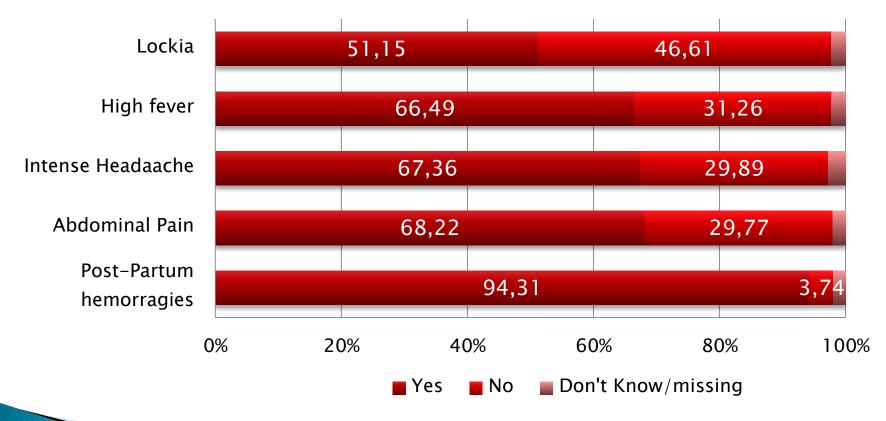
Conjuctivities Jaundice Indrawn Chest Temperature < 35.4°C or > 37.5 °C Seizures Respiratory Rate >60breaths/min Skin lesions Skin Red or Yellow in Color lethargic baby

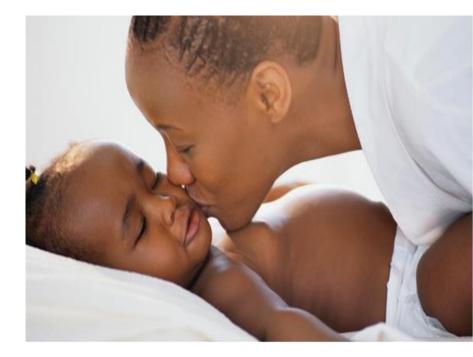
Infected Ombilical



Maternal and Newborn Health Danger Signs

ASM Knowledgeable of Danger Signs to Transfer a Mother who has just Delivered to a HC



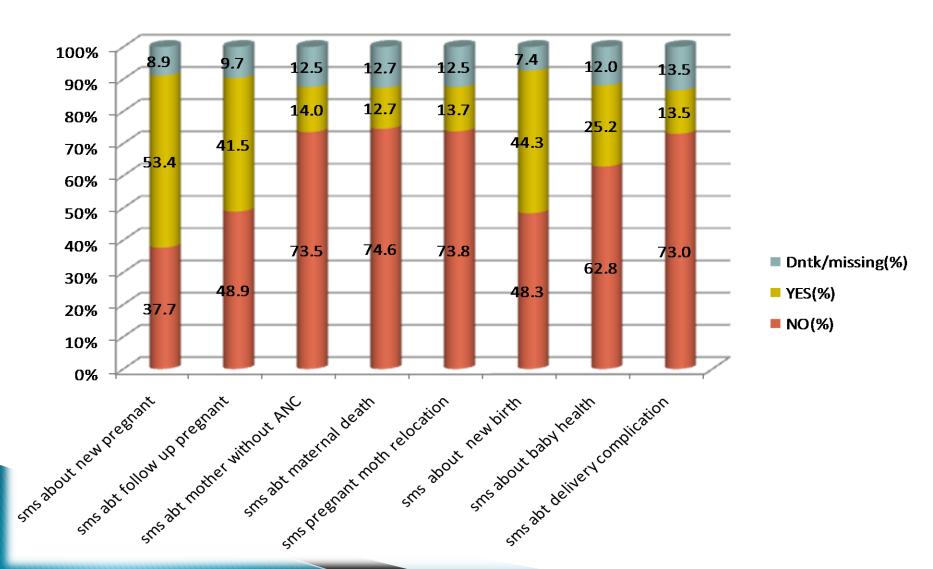


RapidSMS



RapidSMS

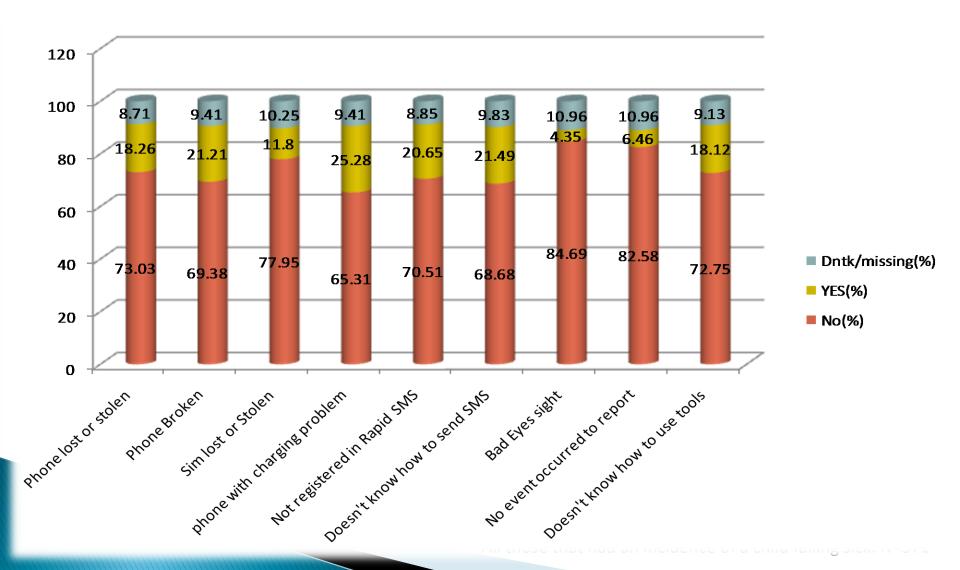
Maternal and Newborn Indicators Reported to Health Facilities Using RapidSMS





RapidSMS

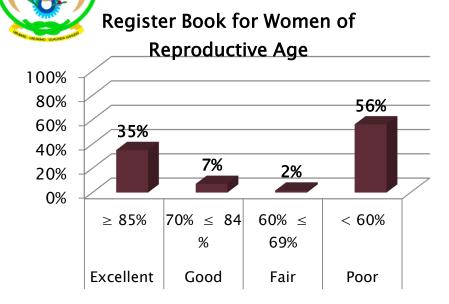
Problems encountered by ASM using RapidSMS



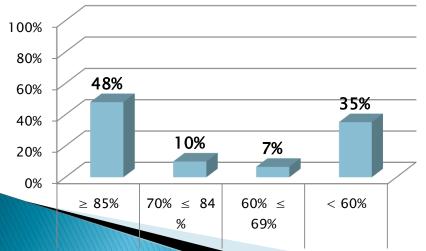
Completeness of Registers

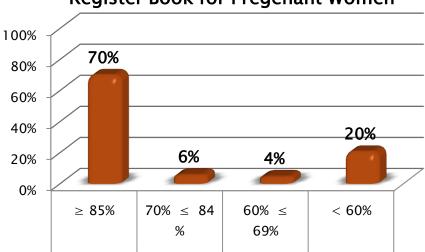


Completeness of Registers



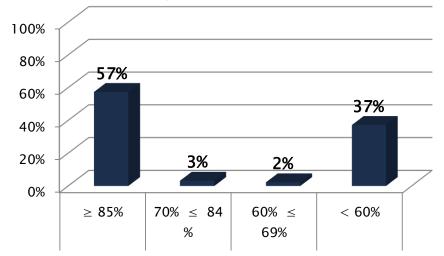
Register Book for Follow Up





Register Book for Pregenant Women

Register Book for Transfers

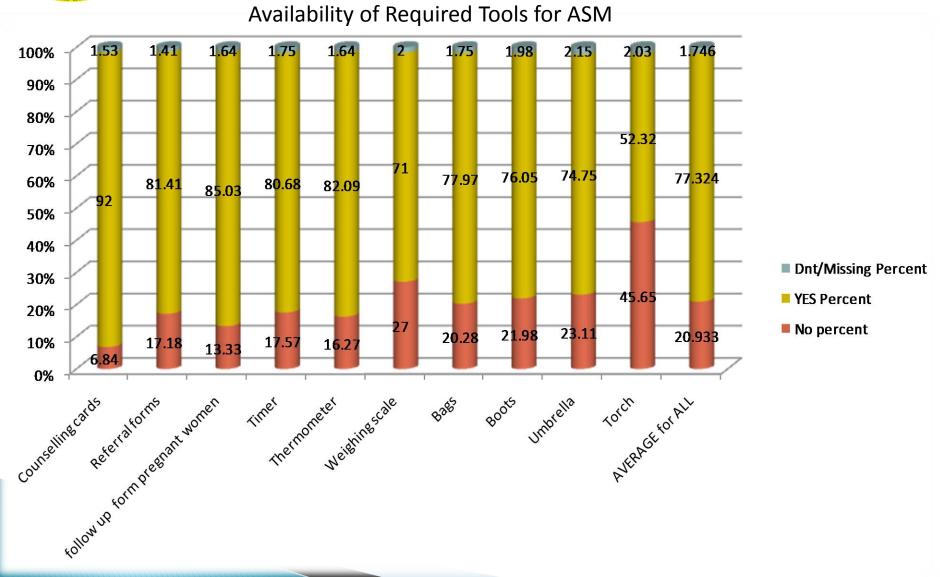


Availability of Tools

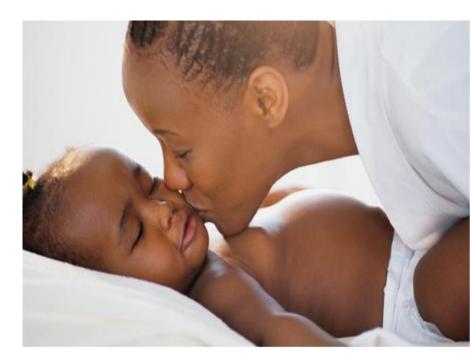




Availability of Tools



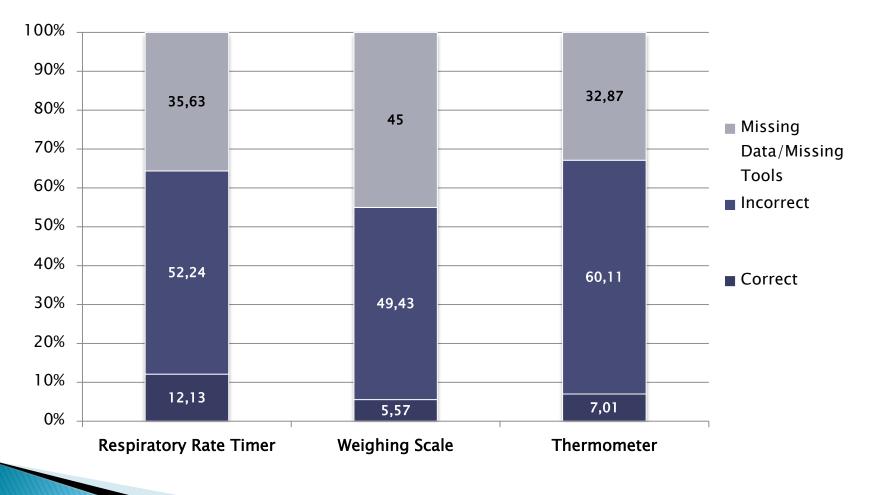
Assessment of Correct Use of Timer, Weighing Scale and Thermometer



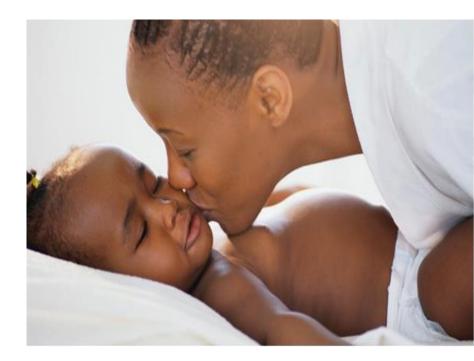


Assessment of Correct Use of Timer, Weighing Scale & Thermometer

Assessment of ASM Tool Utilization



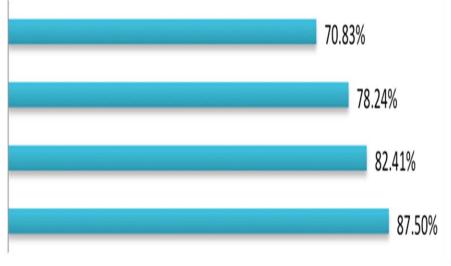
HC Supervisor Training, Supervision, and Knowledge





HC Supervisor Training, Supervision, and Knowledge

Impact of Training Received on Health Center Supervisor Knowledge



Trained in community PBF

Well-versed with C-IMCI in the villages

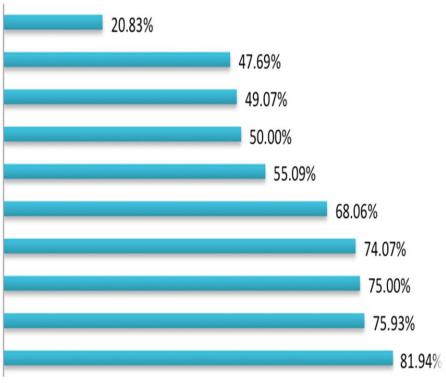
Knowledgeable about Cooperative Management

Trained about health issues pertaining to mother and newborn



HC Supervisor Training, Supervision, and Knowledge

Activities Health Center Supervisor performed during their last ASMs visit



Deliver Supplies Took time to observe an ASMs managing a case Used the provided supervision checklist to ensure all bases had been Asked the ASMs questions to probe how versed they were when it came to Collected the reports documented by ASMs Followed up on recommendations they had made from their last supervision Checked Supplies meant for ASMs work Corrected the ASMs or reminded them of things they had forgotten Commended the ASMs on the things they were doing well Checked the records or reports that CHW/ASMs had documented



HC Supervisor Training, Supervision, and Knowledge

Supervisor Advice on New Infant Care Provided to Mothers who had just delivered

Did not know what advice to provide to these mothers

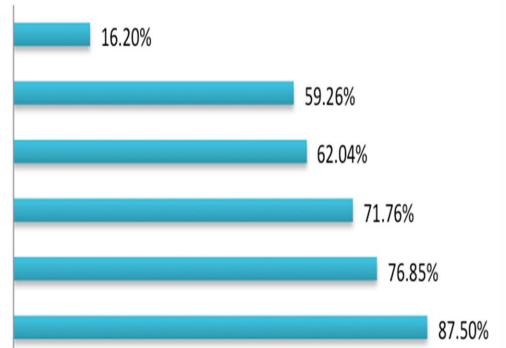
Sleeping under mosquito net

Mentioned Family Planning as important

The importance of good hygiene

The effect of covering the baby to avoid hypothermia

Highlighted the need of exclusive breastfeeding



Recommendations



Recommendations



•To develop refresher trainings that are job-based, rather than classroom-based, for C-MNH

•To promote mentorship of ASMs by their supervisors in order to improve their knowledge and skills

•To encourage regular (at least monthly) household visits for the identification of new pregnancies using the Register for Women of Reproductive Age

•To organize quarterly assessments of stocks of tools and supplies for ASMs and supervisors

Acknowledge

- Unicef
- Concern
- PIH
- World Relief
- World Vision
- NISR

ACKNOWLEDGE

- Technical and financial support of:
- UNICEF
- CONCERN
- WORLD RELIEF
- WORLD VISION
- ► PIH
- IRC
- LUX DEVELOPMENT
- MCHIP



THANK YOU