

BREAST MILK BANKING, FEEDING OF PRETERM AND LOW BIRTH WEIGHT INFANTS AND KMC
– AN INDIAN EXPERIENCE



Prof. Arun Phatak,
Vadodara, India

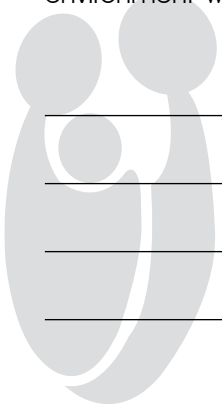
Abstract :-

Phatak A. Breastmilk banking, feeding of preterm and low birth weight infants and KMC – an Indian Experience. [9.30 am/23.11.2012, IX International Conference on Kangaroo Mother Care, Ahmedabad]

Whereas the importance of Kangaroo Mother Care and early feeding of breast milk in the management of preterm and low birth weight babies is scientifically established, there are many a slip between the breast and the lip.

According to the World Bank categories of per capita income, almost 70% would be considered 'poor' (<\$1.2 or Rs.65 per day per head). The Government of India has put the poverty line at per capita per head income of Rs. 27/- in rural areas and Rs 33/- in urban areas. Poverty, illiteracy and deep rooted misconceived ideas as taboos about baby care are the impediments in optimal care of the preterm and low birth weight babies. On the other hand, high patient load leaves little time for the health providers for behavior change communication

The author describes his experience in establishing early enteral feeding, developmental support including non-nutritive sucking and breast milk bank. All these have an important role in the management of the preterm and low birth weight babies and not difficult to establish in poor-tech environment with some commitment and perseverance



Arun Phatak

Currently

- Professor and Head, Department of Pediatrics, KGP Children Hospital, Vadodara.
- Post graduate teacher for DNB Pediatrics and coordinator for DNB Pediatrics at KGP Children Hospital, Vadodara
- Honorary Secretary, SS Shah Pediatric Basic Research Fund Trust
- Editor, Pediatric Clinics of KGP Children Hospital
- Member of IAP and IMA for more than 45 years
- National Trainer for Breastfeeding and Lactation Management

Formerly

- Professor of Pediatrics, Government Medical College in Gujarat
- Post-graduate teacher for DCH and MD in Pediatrics
- Examiner for DCH, MD (Pediatrics), M.Sc. (Child Development)
- Gujarat State Coordinator for Breastfeeding Promotion Network of India
- Assessor for Baby Friendly Hospital Initiative

Academic

- Publication of large number of papers in peer-reviewed and other journals
- Chapters on Rational Therapy, Essential Drugs, and topics related to breastfeeding and Infant and Young Child Feeding in various books
- Evolved Baroda Development Screening Test and actively involved in standardization of Developmental Assessment of Indian Infants (DASII)
- Founder member of IAP Gujarat State Branch
- Founder secretary of IAP Baroda Branch
- Founder member of Society for Rational Therapy and founder editor of its Bulletin
- Founder editor on Bal Arogya ni Chavi – a publication of IAP Gujarat State Branch – that sold 80,000 copies over 30 years
- Founder member of Breastfeeding Promotion Network of India

Interests

Academic

Child Growth and Development, Breastfeeding and Lactation Management, Evidence Based Medicine and Rational Therapy, Clinical photography

Extra-curricular

Photography, tennis, Indian classical music

