

# KMC INTERVENTION

- 1) Continuous KP (skin-to-skin contact 24 hours).
- 2) Exclusive breastfeeding whenever possible and
- 3) Early discharge in KP with close monitoring and follow-up



# KMC FEEDING STRATEGY

## Kangaroo Nutrition.

- Based on breastfeeding (hind milk, suction, dropper or spoon).
- Addition of vitamins.
- Fortified or supplemented with preterm formula in infant not thriving properly (15/kg/day) with dropper or cup.
- Up to 47% of kangaroo infants thrive properly with exclusive breastfeeding 1,2

1 "Predictional need for supplementing breastfeeding in preterm infants under KMC" *Acta Paediatrica*, 91 :1-5, 2002

2 "Influence of feeding patterns and other factors on early somatic growth of healthy, pre-term infants in home-based Kangaroo Mother Care: A cohort study". *J Pediatr Gastroenterol Nutr.* 2005 Oct;41(4):430-437.