

USE OF THE RESSÉGUIER METHOD

PRESENCE QUALITY OF CARE IN NEONATAL INTENSIVE CARE UNIT

Introduction: The basic tool of the Ressãoquier method is the professional attitude towards the patient. An attitude, that clearly demonstrates, through eye contact, posture and touch, the real interest in the other. The manual contact has to pass the quality of the professional presence and enhance the individual skills.

Objective: To report the experience of the improvement of the professional presence quality in kangaroo care. **Methodology:** This is an experience report about the occurred changes since the use of the Ressãoquier method in the Neonatal Intensive Care Unit. The staff training began in 2013 at the Hospital of the Federal University of Maranhão, with workshops for developing skills in professional/professional and professional/user in order to achieve quality presence in the care process. **Results:** The training raised the awareness of the staff in relation to the perception of the individual needs of the mothers and facilitated the use of the kangaroo position. It also developed the ability to promote the clinical encounter in times of guiding and supporting the mothers in the use of kangaroo position, promoting an empathic connection and a sensory niche. **Conclusion:** The use of the Ressãoquier method in kangaroo care improves the communication between professionals and mothers demonstrating the importance of involvement in the care process. It is observed that the sensory-motor organization SMO is a positive physiological response in newborns.

SUBJECT: Implementation / Practice

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